



## Even Swindon Primary School

### Relationship Education, Relationships and Sex Education (RSE) and Health Education Policy

This policy has been developed through consultation with the Headteacher, the Governing Body and the teachers.

#### 1. Introduction

In teaching Relationship Education, Relationship and Sex Education (RSE) and Health Education, we have regard to statutory [guidance](#) issued by the secretary of state from the Department for Education. This is issued under Section 80A of the Education Act 2002.

This forms part of the wider Personal, Social and Health Education (PSHE) curriculum and the wider spiritual, moral, social and cultural (SMCS) education process in our school.

#### 2. Expectations for Relationship Education, Relationship and Sex Education (RSE) and Health Education

The expectation is to provide children with age appropriate information, explore attitudes and values and develop skills in order to empower them to make positive decisions about their behaviour in relation to each area outlined below:

##### **Relationships education expectations**

Families and people who care for the pupil

Caring friendships

Respectful relationships

Online relationships

Being safe

These areas are covered through the use of our PSHE Jigsaw scheme that is used across all year groups from YR to Y6 in school, alongside ongoing reminders about e-safety and anti-bullying.

## **Health education expectations**

Mental wellbeing

Internet safety and harms

Physical health and fitness

Healthy eating

Drugs, alcohol and tobacco

Health and prevention

Basic first aid

Changing adolescent bodies

These areas are covered through the use of our PSHE Jigsaw scheme. We also use 'The Mental Health Handbook' as a separate scheme which provides specific lessons on mental health and wellbeing for KS2 pupils. First aid is also taught as a stand-alone unit of work through the use of St John's Ambulance resources.

## **Sex education expectations (RSE)**

There is no list of expectations for sex education at the primary level, as it isn't compulsory, but the DfE recommends that we should:

- Make sure boys and girls are prepared for the changes that adolescence brings.
- Draw on knowledge of the human life cycle set out in science lessons to explain how a baby is conceived and born.

A range of teaching methods which involve children's participation are used to teach relationships and sex education. These include use of video, discussion, looking at case studies, drama and role play. Sex and relationship education is usually delivered in mixed gender groups however, there may be occasions where single gender groups are more appropriate and relevant. Sex and relationship education is taught by classroom teachers and if appropriate, outside visitors such as the school nurse.

Some parts of sex and relationship education are compulsory - these are part of the National Curriculum for Science. Parents can withdraw their child from all other part of sex and relationships education if they wish. If a parent does wish to do this they should have a discussion with the Headteacher and make it clear which aspects of the programme they do not wish their child to participate in. The school always complies with the wishes of parents in this regard.

We arrange a meeting for all parents and carers of children across the school to discuss this particular programme of lessons, to explain what the issues are and how they are taught, and to see the materials the school uses in its teaching. This will take place every other year but with parents of Year 6 being given an opportunity to view the materials every year.

### **3. The role of parents**

The school is well aware that the primary role in children's education in these areas lies with parents and carers. We wish to build a positive and supportive relationship with the parents of children at our school through mutual understanding, trust and co-operation. In promoting this objective we:

- Inform parents about the school's Relationships Education, Relationships and Sex Education (RSE) and Health Education policy and practice and make this available on the school's website.
- Answer any questions that parents may have in relation to this and their child.
- Take seriously any issue that parents raise with teachers or governors about this policy or the arrangements for relationships and sex education in the school.

### **4. Confidentiality and Safeguarding Children Procedures**

Teachers conduct relationships and sex education lessons in a sensitive manner and in confidence. However, if a child makes a reference to being involved, or likely to be involved in sexual activity, then the teacher will take the matter seriously and deal with it as a matter of child protection. Teachers will respond in a similar way if a child indicates that they may have been a victim of abuse.

If the teacher has concerns, they will draw their concerns to the attention of the Headteacher - the designated teacher for child protection and safeguarding - who will deal with this matter using the appropriate process (See also: Safeguarding and Child Protection Policy.)

### **5. Monitoring and review**

The Curriculum Committee of the governing body monitors this policy on a bi-annual basis. The Curriculum Committee gives serious consideration to any comments from parents about the policy and makes a record of all such comments.

This Policy has clear links with other school policies including the:

Equal Opportunities Policy  
Health and Safety Policy  
Inclusion Policy

Special Educational Needs Policy  
PSHE Policy  
Behaviour Policy  
Anti -Bullying Policy  
Safeguarding /Child Protection Policy  
ICT Policy and Safe Internet Use Policy  
Confidentiality Policy

The policy will be available on the School Website for all parents

Date: 15<sup>th</sup> May 2019

Review Date: May 2021